



## Westhill District ASC October Holidays Training Schedule



**Squad 1** will train as normal in the evening (with the exception of NO Sunday training) but will train Tues, Wed & Thurs in the morning.

**Squad 2** will train as normal in the evening (with the exception of NO Sunday training) but will only train on Thurs morning.

**Squad 3** will train as normal in the evening (with the exception of NO Sunday training). There will be no Thursday morning session.

**Squads 4 & 5** will have their last training session on Friday 9<sup>th</sup> October.

All Squads will resume normal training on Sunday 25<sup>th</sup> October 2009.

